## Dear Parents,

Good news! St Mary's Religious Education will be returning to weekly in person classes this fall for the 2021-22 year. Classes will meet each Wednesday 6.30-7.30 pm starting 8 September 2021 and ending 4 May 2022. In order to continue the Faith Formation for Parents that was started last year we will continue once a month meetings for parents. These meetings will be held the 2nd Wednesday of each month from 6.30 -7.30 pm.

## More about This Year's Program

We will be using the Spirit of Truth Program from Sophia Institute Press. Instead of the Family Program material we used last year we will be using their Grade 1-8 Parish program series that is grade specific. This program emphasizes the importance of your student's personal spiritual journey. We will also continue providing you with materials that can be used at home as a family.

"While it's important for your students to understand the Faith, Spirit of Truth is designed to help them internalize the Faith and apply it to their own lives, providing ample opportunity for them to reflect on how everything they are learning applies to their own lived experience."

- Sophia Institute press

## Do both parents need to attend the monthly sessions?

While at least one parent is *required* to attend the monthly Wednesday meeting, we highly encourage both parents to attend whenever possible. This practice will further emphasize the role of catechizing one's children is best shared by both parents, and families will find it much easier and much more enriching if both parents are as involved in the program as possible.